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## CONSENT FORM – LIFE COACH

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This form is intended to provide you with information to help you decide whether you wish to receive a Life Wellness Coaching Session (“LWCS”) from Howard Wolin, Life Wellness Coach (“LWC”). This form will describe the LWCS and provide background and general information about Howard and his work.

### **I. Background Information**

Howard Wolin, LWC graduated from medical school and for forty-two (42) years practiced medicine in Illinois. During the first twenty years, Howard practiced as a medical psychiatrist and psychoanalyst and the following twenty-two years he practiced as a complimentary- and-alternative physician in a practice that was devoted to healing mind, body and spirit. Howard recently retired from being a physician and is no longer practicing medicine. However, now Howard provides services as a Life Wellness Coach (“LWC”). .

Howard is a LWC because he is passionate about life energy, is interested in helping people to commit to lead a better life and maximize their life experience.

The remainder of this form explains LC, so that you can make an informed choice about receiving it from Life Coach. It also expresses your understanding of LC. By signing this form you will be attesting to your consent to receive LC from Life Coach.

### **II. Description of Energy and Energy Session**

During your LWCS with Howard, he will work with you using his knowledge, life experience and training (psychiatric, psychoanalytic and complementary and alternative) to help coach you to maximize your positive life energy. This coaching will hopefully enable you to do better in your everyday tasks, function at a more effective and higher level, make more successful choices in work or relationships by removing blockages, and live a richer and fuller life. Howard’s goal is to help improve your life mentally, emotionally, physically and spiritually by connecting you to your core of life energy. This is important so that you will enhance your skills regarding the use of your positive core energy to create more successes in your life. Howard will listen to your concerns and struggles and provide information that can help you. He may also help through the use of physical aides and recommend that you take blood tests and/or other tests to point to new information about your physical health or even recommend books to help you mentally, emotionally, physically and spiritually.

If Howard LWC recommends a blood test or some other test he will refer you to a licensed person who is allowed to order and interpret such tests because as a life coach he is currently not licensed to do that and will not.

I have read and understand the content on this page: \_\_\_\_\_

**III General Information**

The Life Coach Session is not a medical treatment or a medical visit. Accordingly, if you suffer from any medical condition, you should see a licensed physician and under no circumstances should you forego any medical treatment recommended by a doctor.

As an LWC, Howard will not diagnose or treat illness or prescribe medicine or drugs. If you suffer from any medical condition or if you are looking for medical advice, you should contact your physician.

This form also expresses your understanding of what an LWC does. By signing this form you will be attesting to your consent to receive one or more Life Wellness Coaching Sessions from Howard Wolin.

**IV Consent**

While there have been no warranties, assurances, or guarantees made to me, I consent and freely agree to receive a Life Coach Session (“LC”) from Life Coach. I have read and understood the information provided in this Consent Form as well as all materials presented to me by Life Coach. I have asked any and all questions that I may have about LC and these questions have been answered to my full satisfaction.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

**DISCLAIMER**

A Life Coach Session is not a medical treatment, a replacement of any medical treatment, and is not used to cure, diagnose or treat any disease or medical or psychological condition. If you suffer from any medical condition, you should not forego any medical treatment recommended to you by your medical doctor.

I have read and understand the content on this page: \_\_\_\_\_